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## Welfare

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## International Centre

E-mail: [euraxess@uib.no](mailto:euraxess@uib.no)

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## News from international HR May 2021



Foto: Sharebox

## May - the month of flags

May traditionally has many national holidays, and most of them are marked by proudly raising the Norwegian flag.

The month of color, flags, flowers, new green leaves, and seasonal allergies. It's all part of spring.

If you have started planning your summer holidays, make sure you have private travel insurance that covers you (and your family) before heading out.

Norway has the second longest coastline in the world, and that is worth exploring. You can find many great offers for hotels, travel, and other activities online.

## Upcoming holidays

...or "red days" as we call them in Norway. Most shops will be closed these days.

- **May 13** - Ascension Day and a national holiday and a Flag Day
- **May 17** - Norway's Constitutional Day, celebrated with parades, fun and games. It is a national holiday and absolutely a Flag Day. We look forward to a covid friendly celebration!
- **May 24** - Second Pentecost day. A national holiday in Norway.

Hint: Taking a vacation day on May 14 will give you a 5-day weekend.

## Join us for a walk to Løvstakken

Walk with us to Løvstakken on Thursday May 20. The top is 479 meters above sea level. The trip takes about 1.5 hour. We start from the student centre at 17.00. [Sign up here.](#)

## Til Tops – Hiking group

One of our members suggested the hiking group called "Til Topps". It is based in Bergen and people from all over the world meet to go hiking together. It focuses on language training for internationals and is also great for meeting new people and to get to know the mountains and hiking trails in the area. And it is free!

## Festspillene i Bergen

Bergen International Festival is an annual festival held this year 26 May to 9 June. It is a cultural festival with music, theatre, dance and visual art. More information [here.](#)

## Regnbuedagene

The rainbow days are the annual celebration of Pride in Bergen. Official opening is 5 June and on the final day, 12 June, the parade will be held. This year, the parade will be a boat parade to allow safe distance between the participants. Everyone is welcome to celebrate diversity by watching the parade from the shore.

## When employment is up, and you are leaving Norway

Make sure that you update your new address with UiB, SPK, [Skatteetaten](#). It is advised that you **use your own personal email** and not company email as contact with public offices.

## Digital mailbox – get mail from public offices easily and safely

[Digipost](#) - A lot of mail contains sensitive information that can't be sent to you by regular email. In Digipost you can receive important information from both public and private senders. The service is free of charge.

Your appointment for COVID vaccine will be sent here.

## Covid-19 Vaccination

The vaccination scheme is moving forward, and everyone who resides in Bergen will be contacted by their doctor or Bergen municipality for vaccination when it is your turn. For a more detailed plan, please see [here](#).

Currently UiB does not have a separate vaccination program.

## Job seeking in Norway

Is your spouse/partner or you looking for a new job in Norway? There are several options to get help to apply for jobs in Norway. Contact [Euraxess@uib.no](mailto:Euraxess@uib.no) for options available.

## Did you apply for an extension to the deadline for your tax report?

Go through your report and check that you have everything entered and checked and handed in before deadline.

## Bildelingen – Car Share

If you have a valid driver's license, you should look into the option of joining Bildelingen. This is a car share community that lets you rent a car by the hour, by the day or longer. You need to apply for membership to be able to make use of their offers. You can find more information [here](#), only in Norwegian, or check out their [Facebook page](#)

## Upcoming events for Employees

UiB offers a variety of courses and events to employees. you can find courses on [UiB's events calendar](#) or take an [E-learning course](#).

## Social Events

We will set up different social events throughout the semester, walks, seminars on topics of interest, field trips and so forth. Due to the restrictions caused by the pandemic, we have had to limit these, but we still like to meet up with you.

All events will be posted in International Centre's calendar, so make sure to [follow here](#).

**If you have a suggestion to such a social event, we would love to hear from you at [euraxess@uib.no](mailto:euraxess@uib.no)**